



TREINAMENTO DIA 4
BARBACENA-MG 23.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Lopo

AFA

Course : D21A

Distance : 2700m (Climbing 145m)

Time : 1:23:05 (30'46"/km)

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O.K.

[Full result on Webres](#)

1. Cad Maciel	1:04:48
2. Cad Barra	1:10:11
3. Cad Laniz	1:17:27

1.	133	00:01:03		96m	10'56"/km
2.	147	00:01:04	00:02:07	72m	14'49"/km
3.	129	00:17:54	00:20:01	116m	154'19"/km
4.	145	00:02:36	00:22:37	154m	16'53"/km
5.	137	00:23:23	00:46:00	751m	31'08"/km
6.	149	00:03:29	00:49:29	155m	22'28"/km
7.	144	00:06:04	00:55:33	387m	15'41"/km
8.	140	00:06:29	01:02:02	258m	25'08"/km
9.	141	00:02:43	01:04:45	120m	22'38"/km
10.	135	00:07:46	01:12:31	245m	31'42"/km
11.	150	00:05:06	01:17:37	84m	60'43"/km
12.	130	00:03:36	01:21:13	120m	30'00"/km
13.	999	00:01:52	01:23:05	102m	18'18"/km

HELGA

Orienteering Software