



TREINAMENTO DIA 3
FAZENDA BIAZINHO 22.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Lucas Sá

AFA

Course : H21A

Distance : 5000m

Time : 1:10:44 (14'09"/km)

10/10

O.K.

[Full result on Webres](#)

1. Cad Leal	0:49:37
2. Cad Natalli	0:50:40
3. Cad Mattos	0:51:21

1.	127	00:10:05		273m	36'56"/km
2.	143	00:02:41	00:12:46	149m	18'01"/km
3.	146	00:03:09	00:15:55	200m	15'45"/km
4.	142	00:05:07	00:21:02	309m	16'34"/km
5.	143	00:03:07	00:24:09	263m	11'51"/km
6.	137	00:02:33	00:26:42	186m	13'43"/km
7.	129	00:02:36	00:29:18	196m	13'16"/km
8.	131	00:03:20	00:32:38	231m	14'26"/km
9.	143	00:04:18	00:36:56	241m	17'51"/km
10.	130	00:02:19	00:39:15	288m	8'03"/km
11.	133	00:10:11	00:49:26	504m	20'12"/km
12.	144	00:07:52	00:57:18	500m	15'44"/km
13.	135	00:02:26	00:59:44	294m	8'17"/km
14.	128	00:02:21	01:02:05	302m	7'47"/km
15.	145	00:01:06	01:03:11	120m	9'10"/km
16.	148	00:03:01	01:06:12	154m	19'35"/km
17.	130	00:01:57	01:08:09	256m	7'37"/km
18.	999	00:02:35	01:10:44	577m	4'29"/km

Orienteering Software