



TREINAMENTO DIA 2
ANTÔNIO CARLOS-MG 21.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Natalli

AFA

Course : H21A

Distance : 5300m (Climbing 175m)

Time : 0:49:45 (9'23"/km)

3/16

O.K.

[Full result on Webres](#)

- | | |
|---------------|---------|
| 1. Cad Mattos | 0:45:39 |
| 2. Cad Walney | 0:47:01 |

1.	142	00:03:53		463m	8'23"/km
2.	122	00:04:05	00:07:58	387m	10'33"/km
3.	119	00:08:33	00:16:31	837m	10'13"/km
4.	127	00:01:33	00:18:04	152m	10'12"/km
5.	137	00:07:45	00:25:49	864m	8'58"/km
6.	136	00:02:16	00:28:05	100m	22'40"/km
7.	116	00:04:27	00:32:32	491m	9'04"/km
8.	132	00:01:39	00:34:11	231m	7'09"/km
9.	144	00:12:02	00:46:13	1070m	11'15"/km
10.	143	00:02:26	00:48:39	427m	5'42"/km
11.	126	00:00:31	00:49:10	129m	4'00"/km
12.	999	00:00:35	00:49:45	138m	4'14"/km

HELGA

Orienteering Software