



TREINAMENTO DIA 2
ANTÔNIO CARLOS-MG 21.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Walney

AFA

Course : H21A

Distance : 5300m (Climbing 175m)

Time : 0:47:01 (8'52"/km)

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O.K.

[Full result on Webres](#)

- | | |
|----------------|---------|
| 1. Cad Mattos | 0:45:39 |
| 3. Cad Natalli | 0:49:45 |

1.	142	00:04:34		463m	9'52"/km
2.	122	00:04:54	00:09:28	387m	12'40"/km
3.	119	00:07:46	00:17:14	837m	9'17"/km
4.	127	00:01:48	00:19:02	152m	11'51"/km
5.	137	00:08:46	00:27:48	864m	10'09"/km
6.	136	00:01:42	00:29:30	100m	17'00"/km
7.	116	00:04:11	00:33:41	491m	8'31"/km
8.	132	00:02:00	00:35:41	231m	8'39"/km
9.	144	00:08:22	00:44:03	1070m	7'49"/km
10.	143	00:02:03	00:46:06	427m	4'48"/km
11.	126	00:00:23	00:46:29	129m	2'58"/km
12.	999	00:00:32	00:47:01	138m	3'52"/km

HELGA

Orienteering Software