



TREINAMENTO DIA 2
ANTÔNIO CARLOS-MG 21.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Mattos

AFA

Percurso : H21A

Distancia : 5300m (Desnivel 175m)

Tempo : 0:45:39 (8'37"/km)

1/16

O.K.

[Resultados completos em Webres](#)

2. Cad Walney 0:47:01
3. Cad Natalli 0:49:45

1.	142	00:03:37		463m	7'49"/km
2.	122	00:04:05	00:07:42	387m	10'33"/km
3.	119	00:06:36	00:14:18	837m	7'53"/km
4.	127	00:01:52	00:16:10	152m	12'17"/km
5.	137	00:08:25	00:24:35	864m	9'44"/km
6.	136	00:00:58	00:25:33	100m	9'40"/km
7.	116	00:05:32	00:31:05	491m	11'16"/km
8.	132	00:01:45	00:32:50	231m	7'35"/km
9.	144	00:09:06	00:41:56	1070m	8'30"/km
10.	143	00:02:38	00:44:34	427m	6'10"/km
11.	126	00:00:29	00:45:03	129m	3'45"/km
12.	999	00:00:36	00:45:39	138m	4'21"/km

HELGA

Orienteering Software