Nationale Lang
Weyervlakte 21.8.2022
Omega

Bart MELLEBEEK
hamok
Course : H55
Distance : 6530m (Climbing 30m)
Time : 0:51:40 (7'55"/km)

7/12 O.K.

Full result on Webres

1. Robert THEISS 0:43:42,156
2. Dirk GOOSSENS 0:44:25,359
3. Serge BAERT 0:47:23,640

1.	124	00:04:42		416m	11'18"/km
2.	122	00:00:46	*00:05:28*		
3.	141	00:03:47	*00:09:15*	555m	6'49"/km
4.	121	00:03:23	*00:12:38*	552m	6'08"/km
5.	112	00:03:19	*00:15:57*	476m	6'58"/km
6.	170	00:05:55	*00:21:52*	778m	7'36"/km
7.	144	00:05:35	*00:27:27*	839m	6'39"/km
8.	145	00:02:43	*00:30:10*	367m	7'24"/km
9.	117	00:04:44	*00:34:54*	622m	7'37"/km
10.	136	00:04:07	*00:39:01*	411m	10'01"/km
11.	131	00:07:33	*00:46:34*	697m	10'50"/km
12.	130	00:00:25	*00:46:59*	81m	5'09"/km
13.	127	00:02:43	*00:49:42*	400m	6'48"/km
14.	180	00:01:33	*00:51:15*	208m	7'27"/km
15.	999	00:00:25	*00:51:40*	95m	4'23"/km

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