



Nationale Lang

Weyervlakte 21.8.2022

Omega

Frank LEMY

C.O. Pégase

Course : H45

Distance : 8660m (Climbing 30m)

Time : 1:28:49 (10'15"/km)

11/18

O.K.

[Full result on Webres](#)

1. Roland VAN LOON	1:04:27,093
2. Guido LENGES	1:05:15
3. Vincent SILLIEN	1:05:18

1.	113	00:03:33		331m	10'44"/km
2.	121	00:02:41	00:06:14	346m	7'45"/km
3.	117	00:05:38	00:11:52	295m	19'06"/km
4.	144	00:05:43	00:17:35	802m	7'08"/km
5.	150	00:10:15	00:27:50	989m	10'22"/km
6.	152	00:03:51	00:31:41	359m	10'43"/km
7.	160	00:05:56	00:37:37	545m	10'53"/km
8.	166	00:07:11	00:44:48	662m	10'51"/km
9.	164	00:02:37	00:47:25	286m	9'09"/km
10.	159	00:04:53	00:52:18	340m	14'22"/km
11.	154	00:06:10	00:58:28	495m	12'27"/km
12.	141	00:09:55	01:08:23	1300m	7'38"/km
13.	173	00:05:35	01:13:58	623m	8'58"/km
14.	133	00:05:14	01:19:12	446m	11'44"/km
15.	131	00:06:23	01:25:35	365m	17'29"/km
16.	180	00:02:43	01:28:18	381m	7'08"/km
17.	999	00:00:31	01:28:49	95m	5'26"/km

Orienteering Software