



Nationale Lang

Weyervlakte 21.8.2022

Omega

Pawel PRUSKOWSKI

K.O.L.

Course : H40

Distance : 8660m (Climbing 30m)

Time : 1:41:32 (11'43"/km)

6/8

O.K.

[Full result on Webres](#)

1. Michel BASTIN	0:58:04,109
2. Jan BOECKX	1:12:38
3. Ronald SOMERS	1:14:33

1.	113	00:03:39		331m	11'02"/km
2.	121	00:03:23	00:07:02	346m	9'47"/km
3.	117	00:02:25	00:09:27	295m	8'12"/km
4.	144	00:06:17	00:15:44	802m	7'50"/km
5.	150	00:11:31	00:27:15	989m	11'39"/km
6.	152	00:10:55	00:38:10	359m	30'25"/km
7.	160	00:06:04	00:44:14	545m	11'08"/km
8.	166	00:06:54	00:51:08	662m	10'25"/km
9.	164	00:02:54	00:54:02	286m	10'08"/km
10.	159	00:03:02	00:57:04	340m	8'55"/km
11.	154	00:07:58	01:05:02	495m	16'06"/km
12.	141	00:11:32	01:16:34	1300m	8'52"/km
13.	173	00:13:05	01:29:39	623m	21'00"/km
14.	133	00:04:40	01:34:19	446m	10'28"/km
15.	131	00:03:55	01:38:14	365m	10'44"/km
16.	180	00:02:44	01:40:58	381m	7'10"/km
17.	999	00:00:34	01:41:32	95m	5'58"/km

Orienteering Software