



Nationale Lang

Weyervlakte 21.8.2022

Omega

Grégoire VANDEGHINSTE

Hainaut O.C.

Course : HE

Distance : 16660m (Climbing 70m)

Time : 2:20:25 (8'26"/km)

8/9

O.K.

[Full result on Webres](#)

1. Benjamin ANCIAUX	1:38:15,054
2. Yannick MICHIELS	1:41:06,910
3. Clément DEMEUSE	1:46:09,558

1.	114	00:03:22	418m	8'03"/km
2.	121	00:01:20 00:04:42	182m	7'20"/km
3.	124	00:04:13 00:08:55	548m	7'42"/km
4.	127	00:02:27 00:11:22	307m	7'59"/km
5.	170	00:02:28 00:13:50	319m	7'44"/km
6.	142	00:05:13 00:19:03	683m	7'38"/km
7.	149	00:08:20 00:27:23	974m	8'33"/km
8.	152	00:04:40 00:32:03	503m	9'17"/km
9.	154	00:06:13 00:38:16	487m	12'46"/km
10.	158	00:07:10 00:45:26	378m	18'58"/km
11.	166	00:03:35 00:49:01	471m	7'36"/km
12.	150	00:03:31 00:52:32	508m	6'55"/km
13.	156	00:02:52 00:55:24	350m	8'11"/km
14.	123	00:00:59 00:56:23	128m	7'41"/km
15.	153	00:03:29 00:59:52	243m	14'20"/km
16.	150	00:02:04 01:01:56	268m	7'43"/km
17.	159	00:04:03 01:05:59	458m	8'51"/km
18.	162	00:03:01 01:09:00	362m	8'20"/km
19.	164	00:01:43 01:10:43	155m	11'05"/km
20.	165	00:02:51 01:13:34	408m	6'59"/km
21.	146	00:08:02 01:21:36	1019m	7'53"/km
22.	172	00:01:17 01:22:53	176m	7'18"/km
23.	168	00:02:19 01:25:12	346m	6'42"/km
24.	167	00:03:24 01:28:36	397m	8'34"/km
25.	144	00:17:47 01:46:23	2399m	7'25"/km
26.	148	00:02:26 01:48:49	335m	7'16"/km
27.	137	00:06:35 01:55:24	694m	9'29"/km
28.	174	00:05:55 02:01:19	522m	11'20"/km
29.	145	00:01:50 02:03:09	237m	7'44"/km
30.	119	00:03:39 02:06:48	503m	7'15"/km
31.	137	00:03:14 02:10:02	453m	7'08"/km
32.	133	00:03:22 02:13:24	549m	6'08"/km
33.	130	00:02:59 02:16:23	432m	6'54"/km
34.	180	00:03:31 02:19:54	357m	9'51"/km
35.	999	00:00:31 02:20:25	95m	5'26"/km