



Nationale Lang

Weyervlakte 21.8.2022

Omega

Clément DEMEUSE

C.O. Liège

Course : HE

Distance : 16660m (Climbing 70m)

Time : 1:46:09,558 (6'22"/km)

3/9

O.K.

[Full result on Webres](#)

1. Benjamin ANCIAUX
2. Yannick MICHIELS

1:38:15,054
1:41:06,910

1.	113	00:02:33	331m	7'42"/km
2.	114	00:01:30 00:04:03	164m	9'09"/km
3.	121	00:00:59 00:05:02	182m	5'24"/km
4.	124	00:03:08 00:08:10	548m	5'43"/km
5.	127	00:01:55 00:10:05	307m	6'15"/km
6.	170	00:01:44 00:11:49	319m	5'26"/km
7.	142	00:03:50 00:15:39	683m	5'37"/km
8.	149	00:06:11 00:21:50	974m	6'21"/km
9.	152	00:02:37 00:24:27	503m	5'12"/km
10.	154	00:03:04 00:27:31	487m	6'18"/km
11.	158	00:04:56 00:32:27	378m	13'03"/km
12.	166	00:02:28 00:34:55	471m	5'14"/km
13.	150	00:02:47 00:37:42	508m	5'29"/km
14.	156	00:02:00 00:39:42	350m	5'43"/km
15.	123	00:00:42 00:40:24	128m	5'28"/km
16.	153	00:01:52 00:42:16	243m	7'41"/km
17.	150	00:01:37 00:43:53	268m	6'02"/km
18.	159	00:02:49 00:46:42	458m	6'09"/km
19.	162	00:02:23 00:49:05	362m	6'35"/km
20.	164	00:01:09 00:50:14	155m	7'25"/km
21.	165	00:02:47 00:53:01	408m	6'49"/km
22.	146	00:06:12 00:59:13	1019m	6'05"/km
23.	172	00:01:02 01:00:15	176m	5'52"/km
24.	168	00:02:02 01:02:17	346m	5'53"/km
25.	167	00:02:49 01:05:06	397m	7'06"/km
26.	144	00:15:17 01:20:23	2399m	6'22"/km
27.	148	00:01:50 01:22:13	335m	5'28"/km
28.	137	00:04:46 01:26:59	694m	6'52"/km
29.	174	00:03:42 01:30:41	522m	7'05"/km
30.	145	00:01:24 01:32:05	237m	5'54"/km
31.	119	00:03:01 01:35:06	503m	6'00"/km
32.	137	00:02:41 01:37:47	453m	5'55"/km
33.	133	00:03:32 01:41:19	549m	6'26"/km
34.	130	00:02:32 01:43:51	432m	5'52"/km
35.	180	00:01:54 01:45:45	357m	5'19"/km
36.	999	00:00:24 01:46:09	95m	4'13"/km