



Nationale Lang

Weyervlakte 21.8.2022

Omega

Benjamin ANCIAUX

hamok

Course : HE

Distance : 16660m (Climbing 70m)

Time : 1:38:15,054 (5'54"/km)

1/9

O.K.

[Full result on Webres](#)

2. Yannick MICHIELS
3. Clément DEMEUSE

1:41:06,910
1:46:09,558

1.	114	00:02:08	418m	5'06"/km
2.	121	00:01:01 00:03:09	182m	5'35"/km
3.	124	00:03:12 00:06:21	548m	5'50"/km
4.	127	00:01:41 00:08:02	307m	5'29"/km
5.	170	00:01:40 00:09:42	319m	5'13"/km
6.	142	00:03:54 00:13:36	683m	5'43"/km
7.	149	00:06:28 00:20:04	974m	6'38"/km
8.	152	00:02:37 00:22:41	503m	5'12"/km
9.	154	00:03:13 00:25:54	487m	6'36"/km
10.	158	00:02:12 00:28:06	378m	5'49"/km
11.	166	00:02:46 00:30:52	471m	5'52"/km
12.	150	00:02:46 00:33:38	508m	5'27"/km
13.	156	00:02:19 00:35:57	350m	6'37"/km
14.	123	00:01:08 00:37:05	128m	8'51"/km
15.	153	00:01:42 00:38:47	243m	7'00"/km
16.	150	00:01:22 00:40:09	268m	5'06"/km
17.	159	00:02:42 00:42:51	458m	5'54"/km
18.	162	00:02:12 00:45:03	362m	6'05"/km
19.	164	00:01:18 00:46:21	155m	8'23"/km
20.	165	00:02:15 00:48:36	408m	5'31"/km
21.	146	00:06:48 00:55:24	1019m	6'40"/km
22.	172	00:01:01 00:56:25	176m	5'47"/km
23.	168	00:01:52 00:58:17	346m	5'24"/km
24.	167	00:02:14 01:00:31	397m	5'38"/km
25.	144	00:13:33 01:14:04	2399m	5'39"/km
26.	148	00:01:47 01:15:51	335m	5'19"/km
27.	137	00:04:05 01:19:56	694m	5'53"/km
28.	174	00:03:31 01:23:27	522m	6'44"/km
29.	145	00:01:17 01:24:44	237m	5'25"/km
30.	119	00:02:56 01:27:40	503m	5'50"/km
31.	137	00:02:32 01:30:12	453m	5'36"/km
32.	133	00:03:10 01:33:22	549m	5'46"/km
33.	130	00:02:36 01:35:58	432m	6'01"/km
34.	180	00:01:51 01:37:49	357m	5'11"/km
35.	999	00:00:26 01:38:15	95m	4'34"/km