



Nationale Lang

Weyervlakte 21.8.2022

Omega

Liesbet ROMMENS

hamok

Course : D40

Distance : 7340m (Climbing 35m)

Time : 1:49:16 (14'53"/km)

7/9

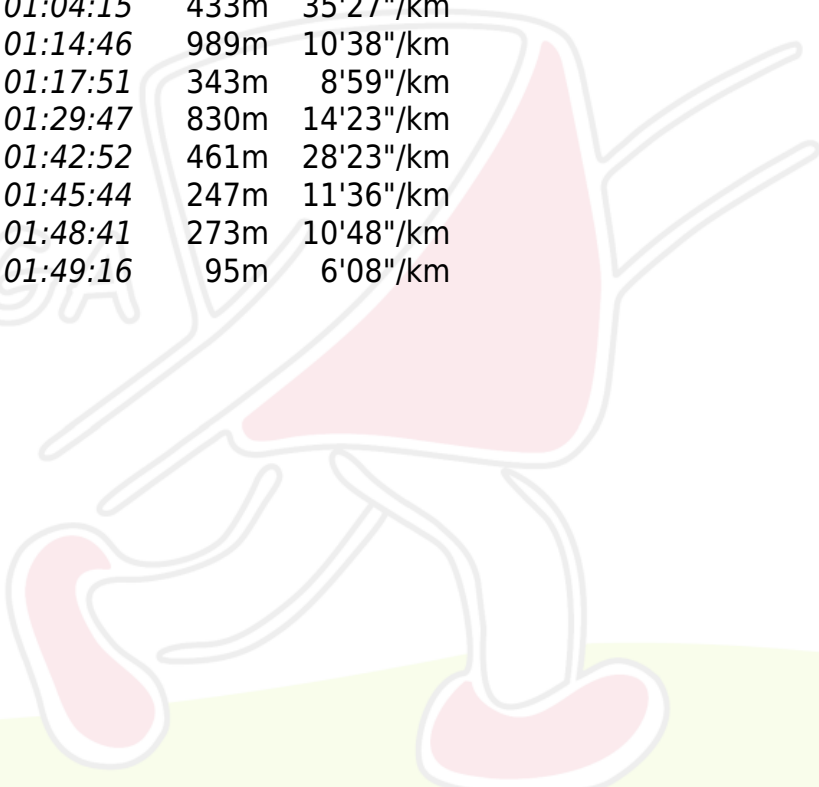
O.K.

[Full result on Webres](#)

- | | |
|---------------------|-------------|
| 1. Lieke VAN OPSTAL | 1:03:53 |
| 2. Sofie HERREMANS | 1:06:05 |
| 3. Ellen MOLS | 1:08:08,054 |

1.	124	00:05:34		416m	13'23"/km
2.	141	00:06:04	00:11:38	631m	9'37"/km
3.	142	00:02:11	00:13:49	205m	10'39"/km
4.	151	00:11:50	00:25:39	1179m	10'02"/km
5.	153	00:09:04	00:34:43	453m	20'01"/km
6.	154	00:06:13	00:40:56	412m	15'05"/km
7.	158	00:07:58	00:48:54	378m	21'05"/km
8.	150	00:15:21	01:04:15	433m	35'27"/km
9.	144	00:10:31	01:14:46	989m	10'38"/km
10.	175	00:03:05	01:17:51	343m	8'59"/km
11.	136	00:11:56	01:29:47	830m	14'23"/km
12.	132	00:13:05	01:42:52	461m	28'23"/km
13.	129	00:02:52	01:45:44	247m	11'36"/km
14.	180	00:02:57	01:48:41	273m	10'48"/km
15.	999	00:00:35	01:49:16	95m	6'08"/km

HELGA



Orienteering Software