



TREINAMENTO DIA 1
ANTÔNIO CARLOS-MG 20.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Reis

AFA

Course : H21A

Distance : 3600m (Climbing 100m)

Time : 0:52:46 (14'39"/km)

15/19

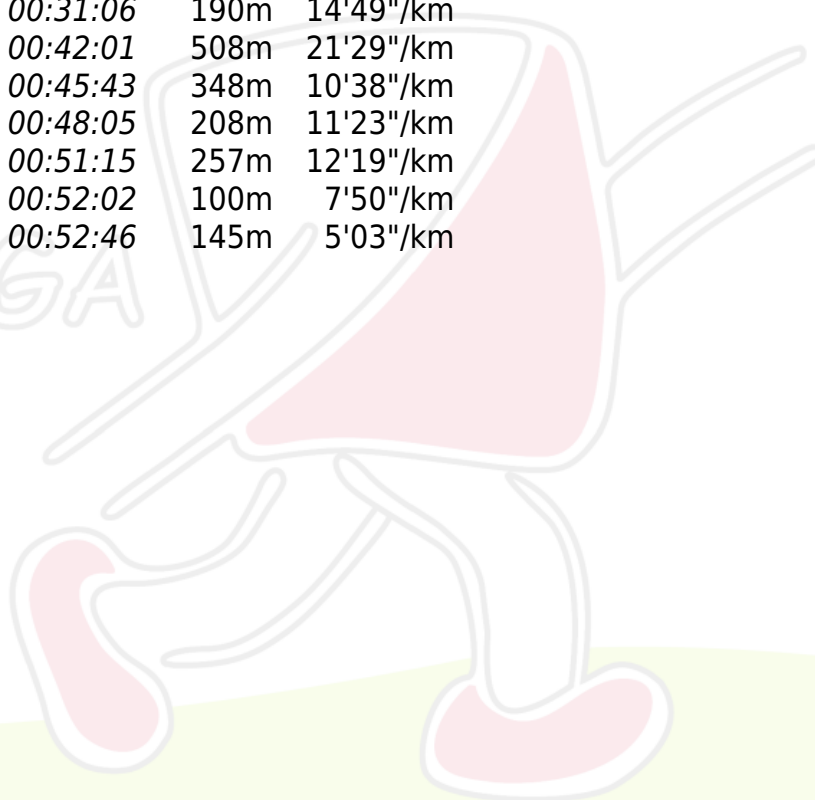
O.K.

[Full result on Webres](#)

1. Cad Mattos	0:31:58
2. Cad Leal	0:32:32
3. Cad Natalli	0:34:44

1.	123	00:03:01		302m	9'59"/km
2.	112	00:02:36	00:05:37	427m	6'05"/km
3.	113	00:01:56	00:07:33	290m	6'40"/km
4.	114	00:07:22	00:14:55	170m	43'20"/km
5.	115	00:07:09	00:22:04	253m	28'16"/km
6.	116	00:02:23	00:24:27	143m	16'40"/km
7.	117	00:03:50	00:28:17	279m	13'44"/km
8.	118	00:02:49	00:31:06	190m	14'49"/km
9.	119	00:10:55	00:42:01	508m	21'29"/km
10.	120	00:03:42	00:45:43	348m	10'38"/km
11.	121	00:02:22	00:48:05	208m	11'23"/km
12.	122	00:03:10	00:51:15	257m	12'19"/km
13.	126	00:00:47	00:52:02	100m	7'50"/km
14.	999	00:00:44	00:52:46	145m	5'03"/km

HELGA



Orienteering Software