



TREINAMENTO DIA 1
ANTÔNIO CARLOS-MG 20.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Martins

AFA

Percurso : H21A

Distancia : 3600m (Desnivel 100m)

Tempo : 0:43:26 (12'04"/km)

9/19

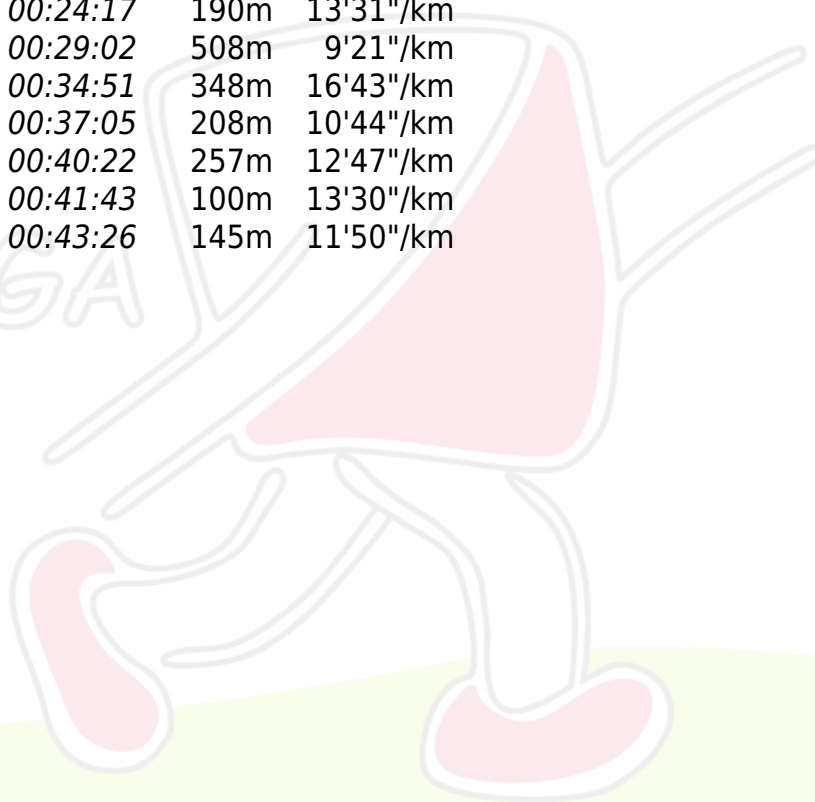
O.K.

[Resultados completos em Webres](#)

1. Cad Mattos	0:31:58
2. Cad Leal	0:32:32
3. Cad Natalli	0:34:44

1.	123	00:03:19		302m	10'59"/km
2.	112	00:02:52	00:06:11	427m	6'43"/km
3.	113	00:02:00	00:08:11	290m	6'54"/km
4.	114	00:03:41	00:11:52	170m	21'40"/km
5.	115	00:03:03	00:14:55	253m	12'03"/km
6.	116	00:02:25	00:17:20	143m	16'54"/km
7.	117	00:04:23	00:21:43	279m	15'43"/km
8.	118	00:02:34	00:24:17	190m	13'31"/km
9.	119	00:04:45	00:29:02	508m	9'21"/km
10.	120	00:05:49	00:34:51	348m	16'43"/km
11.	121	00:02:14	00:37:05	208m	10'44"/km
12.	122	00:03:17	00:40:22	257m	12'47"/km
13.	126	00:01:21	00:41:43	100m	13'30"/km
14.	999	00:01:43	00:43:26	145m	11'50"/km

HELGA



Orienteering Software