



TREINAMENTO DIA 1
ANTÔNIO CARLOS-MG 20.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Natalli

AFA

Course : H21A

Distance : 3600m (Climbing 100m)

Time : 0:34:44 (9'39"/km)

3/19

O.K.

[Full result on Webres](#)

- | | |
|---------------|---------|
| 1. Cad Mattos | 0:31:58 |
| 2. Cad Leal | 0:32:32 |

1.	123	00:02:47		302m	9'13"/km
2.	112	00:02:54	00:05:41	427m	6'47"/km
3.	113	00:01:59	00:07:40	290m	6'50"/km
4.	114	00:03:53	00:11:33	170m	22'51"/km
5.	115	00:03:02	00:14:35	253m	11'59"/km
6.	116	00:01:27	00:16:02	143m	10'08"/km
7.	117	00:03:38	00:19:40	279m	13'01"/km
8.	118	00:02:15	00:21:55	190m	11'51"/km
9.	119	00:04:50	00:26:45	508m	9'31"/km
10.	120	00:02:57	00:29:42	348m	8'29"/km
11.	121	00:02:15	00:31:57	208m	10'49"/km
12.	122	00:01:31	00:33:28	257m	5'54"/km
13.	126	00:00:39	00:34:07	100m	6'30"/km
14.	999	00:00:37	00:34:44	145m	4'15"/km

HELGA

Orienteering Software