



Training Camp - AMAM - EsPCEx
Coudelaria Sul 17.8.2022
Clube de Orientação da EsPCEx

Vieira

2ª Cia Alunos

Percurso : SD

Distancia : 4200m (Desnivel 110m)

Tempo : 0:57:33 (13'42"/km)

7/17

O.K.

[Resultados completos em Webres](#)

1. De Paulo	0:44:31
2. Souza	0:47:15
3. Barros	0:49:29

1.	31	00:02:58		302m	9'49"/km
2.	32	00:05:02	00:08:00	424m	11'52"/km
3.	33	00:07:27	00:15:27	396m	18'49"/km
4.	37	00:03:57	00:19:24	228m	17'19"/km
5.	34	00:04:16	00:23:40	205m	20'49"/km
6.	35	00:04:28	00:28:08	148m	30'11"/km
7.	36	00:03:27	00:31:35	238m	14'30"/km
8.	38	00:05:10	00:36:45	259m	19'57"/km
9.	39	00:09:07	00:45:52	451m	20'13"/km
10.	40	00:05:15	00:51:07	667m	7'52"/km
11.	41	00:05:00	00:56:07	433m	11'33"/km
12.	42	00:01:50	00:57:57	202m	9'05"/km
13.	999	00:00:00	00:57:57	103m	0'00"/km

HELGA

Orienteering Software