



Training Camp - AMAM - EsPCEEx
Coudelaria Sul 17.8.2022
Clube de Orientação da EsPCEEx

Barros

Clube de Orientação da Academia Militar

Percurso : SD

Distancia : 4200m (Desnivel 110m)

Tempo : 0:49:29 (11'47"/km)

3/17

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. De Paulo | 0:44:31 |
| 2. Souza | 0:47:15 |

1.	31	00:01:49		302m	6'01"/km
2.	32	00:03:45	00:05:34	424m	8'51"/km
3.	33	00:04:15	00:09:49	396m	10'44"/km
4.	37	00:03:10	00:12:59	228m	13'53"/km
5.	34	00:02:04	00:15:03	205m	10'05"/km
6.	35	00:08:34	00:23:37	148m	57'53"/km
7.	36	00:05:13	00:28:50	238m	21'55"/km
8.	38	00:05:00	00:33:50	259m	19'18"/km
9.	39	00:06:34	00:40:24	451m	14'34"/km
10.	40	00:04:19	00:44:43	667m	6'28"/km
11.	41	00:03:49	00:48:32	433m	8'49"/km
12.	42	00:01:25	00:49:57	202m	7'01"/km
13.	999	00:00:00	00:49:57	103m	0'00"/km

HELGA

Orienteering Software