



Training Camp - AMAM - EsPCEx
Coudelaria Sul 17.8.2022
Clube de Orientação da EsPCEx

Souza

2ª Cia Alunos

Percurso : SD

Distancia : 4200m (Desnivel 110m)

Tempo : 0:47:15 (11'15"/km)

2/17

O.K.

[Resultados completos em Webres](#)

1. De Paulo	0:44:31
3. Barros	0:49:29

1.	31	00:02:50		302m	9'23"/km
2.	32	00:03:40	00:06:30	424m	8'39"/km
3.	33	00:05:24	00:11:54	396m	13'38"/km
4.	37	00:02:42	00:14:36	228m	11'51"/km
5.	34	00:02:50	00:17:26	205m	13'49"/km
6.	35	00:04:27	00:21:53	148m	30'04"/km
7.	36	00:03:15	00:25:08	238m	13'39"/km
8.	38	00:05:09	00:30:17	259m	19'53"/km
9.	39	00:08:02	00:38:19	451m	17'49"/km
10.	40	00:04:06	00:42:25	667m	6'09"/km
11.	41	00:03:57	00:46:22	433m	9'07"/km
12.	42	00:01:19	00:47:41	202m	6'31"/km
13.	999	00:00:00	00:47:41	103m	0'00"/km

HELGA

Orienteering Software