



### 3 DAAGSE VAN DE KEMPEN - DAY 3

#### ZWARTE WEG OOST 15.8.2022

#### K.O.L.

**Sonja NIJS**

Omega

Omloop : D60

Afstand : 4090m

Tijd : 1:00:12 (14'43"/km)

**5/12**

O.K.

[Volledige uitslagen op Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:40:07 |
| 2. Els PUT         | 0:45:49 |
| 3. Martine WIBART  | 0:46:12 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 105 | 00:04:47 |          | 293m | 16'20"/km |
| 2.  | 160 | 00:03:55 | 00:08:42 | 251m | 15'36"/km |
| 3.  | 128 | 00:03:04 | 00:11:46 | 202m | 15'11"/km |
| 4.  | 134 | 00:02:14 | 00:14:00 | 106m | 21'04"/km |
| 5.  | 164 | 00:02:47 | 00:16:47 | 153m | 18'12"/km |
| 6.  | 110 | 00:02:14 | 00:19:01 | 111m | 20'07"/km |
| 7.  | 117 | 00:04:47 | 00:23:48 | 307m | 15'35"/km |
| 8.  | 115 | 00:03:34 | 00:27:22 | 284m | 12'34"/km |
| 9.  | 149 | 00:01:46 | 00:29:08 | 124m | 14'15"/km |
| 10. | 126 | 00:03:52 | 00:33:00 | 289m | 13'23"/km |
| 11. | 159 | 00:04:11 | 00:37:11 | 255m | 16'24"/km |
| 12. | 167 | 00:04:12 | 00:41:23 | 283m | 14'50"/km |
| 13. | 143 | 00:04:10 | 00:45:33 | 327m | 12'45"/km |
| 14. | 140 | 00:04:20 | 00:49:53 | 201m | 21'34"/km |
| 15. | 147 | 00:05:35 | 00:55:28 | 507m | 11'01"/km |
| 16. | 220 | 00:04:19 | 00:59:47 | 299m | 14'26"/km |
| 17. | 999 | 00:00:25 | 01:00:12 | 101m | 4'08"/km  |

Orienteering Software