



Treino de Orientação TFM_ 04 AGO 22

C FRON RR/7ºBIS 4.8.2022

MA ORIENTEERING

Rossano/hanniel

OUTROS

Course : H21A

Distance : 3100m (Climbing 25m)

Time : 0:41:08,664 (13'16"/km)

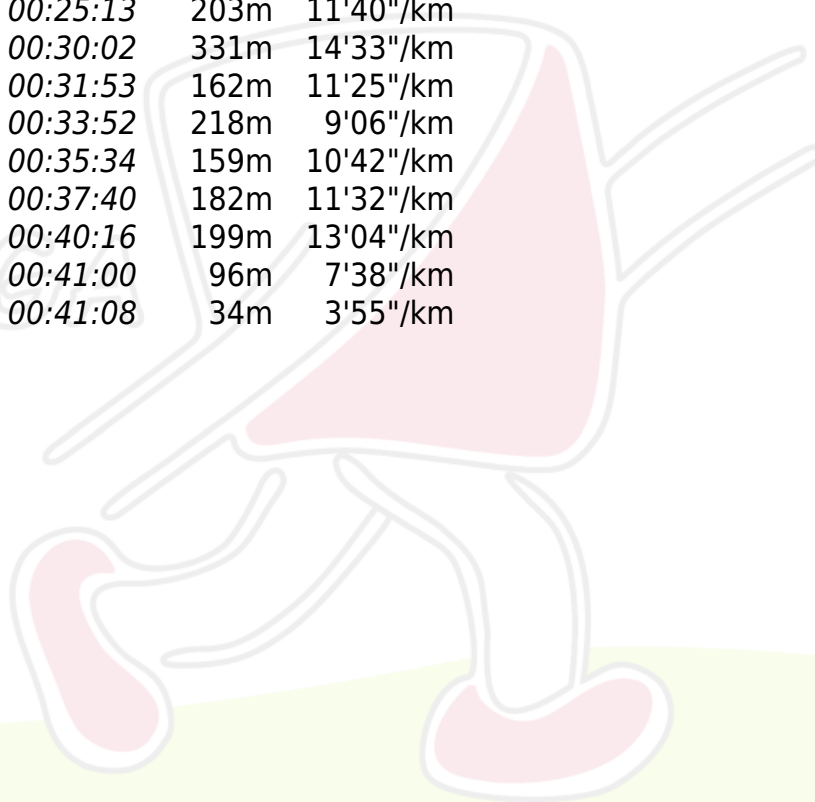
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O.K.

[Full result on Webres](#)

1. St Rodrigo	0:26:40,246
2. Lira	0:27:54,285
3. Paulo Vitor/fabiana	0:32:39,867

1.	32	00:03:54		426m	9'09"/km
2.	36	00:05:15	00:09:09	394m	13'19"/km
3.	39	00:06:43	00:15:52	113m	59'26"/km
4.	35	00:01:48	00:17:40	177m	10'10"/km
5.	37	00:01:55	00:19:35	174m	11'01"/km
6.	39	00:01:10	00:20:45	104m	11'13"/km
7.	38	00:02:06	00:22:51	141m	14'54"/km
8.	36	00:02:22	00:25:13	203m	11'40"/km
9.	31	00:04:49	00:30:02	331m	14'33"/km
10.	40	00:01:51	00:31:53	162m	11'25"/km
11.	43	00:01:59	00:33:52	218m	9'06"/km
12.	41	00:01:42	00:35:34	159m	10'42"/km
13.	34	00:02:06	00:37:40	182m	11'32"/km
14.	44	00:02:36	00:40:16	199m	13'04"/km
15.	45	00:00:44	00:41:00	96m	7'38"/km
16.	999	00:00:08	00:41:08	34m	3'55"/km



Orienteering Software