



Treino de Orientação - TFM 21/07/22

C FRON RR/7ºBIS 21.7.2022

MA ORIENTEERING

Daniel Silva/romero

OUTROS

Course : H21B

Distance : 2700m (Climbing 15m)

Time : 8:20:26,855 (185'21"/km)

9/10

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. Sd Lira | 0:23:15,585 |
| 2. Henrique/jean | 0:26:47,312 |
| 3. Torquatro/alencar | 0:27:01,656 |

1.	34	07:49:33		161m	29'16"28"/km
2.	41	00:01:12	07:50:45	182m	6'36"/km
3.	43	00:01:09	07:51:54	159m	7'14"/km
4.	37	00:04:13	07:56:07	309m	13'39"/km
5.	39	00:01:49	07:57:56	104m	17'28"/km
6.	42	00:05:47	08:03:43	186m	31'06"/km
7.	32	00:04:20	08:08:03	377m	11'30"/km
8.	33	00:05:39	08:13:42	441m	12'49"/km
9.	44	00:00:59	08:14:41	167m	5'53"/km
10.	40	00:02:19	08:17:00	225m	10'18"/km
11.	31	00:01:40	08:18:40	162m	10'17"/km
12.	45	00:01:35	08:20:15	211m	7'30"/km
13.	999	00:00:11	08:20:26	34m	5'24"/km

HELGA

Orienteering Software