



Treino de Orientação - TFM 21/07/22

C FRON RR/7ºBIS 21.7.2022

MA ORIENTEERING

Poll

OUTROS

Course : H21A

Distance : 3100m (Climbing 25m)

Time : 0:38:57,472 (12'34"/km)

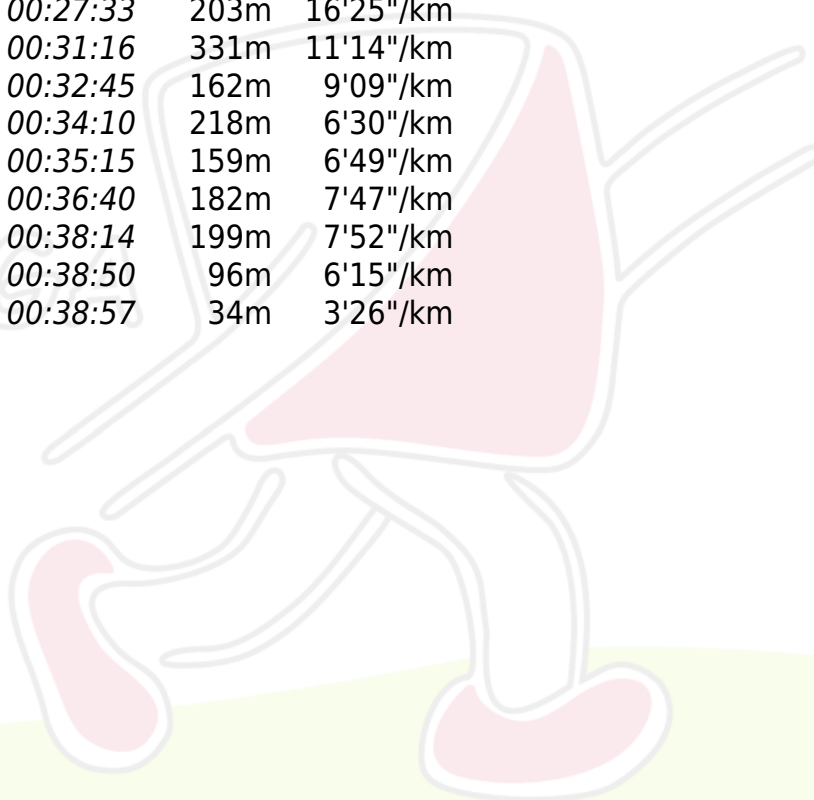
5/11

O.K.

[Full result on Webres](#)

1. Sgt De Oliveira	0:24:08,808
2. Ten Tanaka	0:27:37,578
3. Braga/beneti	0:36:41,261

1.	32	00:02:53		426m	6'46"/km
2.	36	00:06:34	00:09:27	394m	16'40"/km
3.	39	00:01:09	00:10:36	113m	10'11"/km
4.	35	00:08:26	00:19:02	177m	47'39"/km
5.	37	00:01:53	00:20:55	174m	10'49"/km
6.	39	00:01:07	00:22:02	104m	10'44"/km
7.	38	00:02:11	00:24:13	141m	15'29"/km
8.	36	00:03:20	00:27:33	203m	16'25"/km
9.	31	00:03:43	00:31:16	331m	11'14"/km
10.	40	00:01:29	00:32:45	162m	9'09"/km
11.	43	00:01:25	00:34:10	218m	6'30"/km
12.	41	00:01:05	00:35:15	159m	6'49"/km
13.	34	00:01:25	00:36:40	182m	7'47"/km
14.	44	00:01:34	00:38:14	199m	7'52"/km
15.	45	00:00:36	00:38:50	96m	6'15"/km
16.	999	00:00:07	00:38:57	34m	3'26"/km



Orienteering Software