



TRAIL RUN PARADISE - ETAPA 6

ATALAIA - AL 17.7.2022

PARADISE

Ronaldo Belo

ENDORFINA

Course : 12 KM SOLO MASCULINO 50-59

Distance : 11000m (Climbing 249m)

Time : 1:41:18,593 (9'13"/km)

5/6

O.K.

[Full result on Webres](#)

1. Jernan Viana	1:00:56,001
2. Manoel Nogueira	1:18:50,246
3. Josinaldo De Lemos	1:37:47,558

1.	81	00:28:21		3090m	9'10"/km	INÍCIO DA SUBIDA
2.	82	00:16:02	00:44:23	1420m	11'17"/km	DIVISÃO DE CATEGORIAS
3.	83	00:37:38	01:22:01	3910m	9'37"/km	H2O - CANAVIAL
4.	999	00:19:17	01:41:18	2620m	7'22"/km	CHEGADA

HELGA



Orienteering Software