



Pista Treino Projeto Novos Talentos - Ten Kammler

Itu-SP 12.7.2022

CDE

Alu Luis Henrique

ESA

Course : Masc Médio

Distance : 5500m (Climbing 210m)

Time : 1:26:39 (15'45"/km)

6/12

O.K.

[Full result on Webres](#)

1. Ten Kammler	1:11:33
2. Alu Cava	1:17:34
3. Cap Holler	1:18:52

1.	31	00:06:25		389m	16'30"/km
2.	33	00:02:45	00:09:10	213m	12'55"/km
3.	35	00:03:13	00:12:23	397m	8'06"/km
4.	48	00:01:52	00:14:15	219m	8'31"/km
5.	37	00:05:11	00:19:26	485m	10'41"/km
6.	50	00:00:27	00:19:53	65m	6'55"/km
7.	36	00:01:52	00:21:45	180m	10'22"/km
8.	49	00:02:32	00:24:17	274m	9'15"/km
9.	39	00:04:11	00:28:28	451m	9'17"/km
10.	69	00:10:04	00:38:32	168m	59'55"/km
11.	74	00:03:08	00:41:40	270m	11'36"/km
12.	41	00:02:18	00:43:58	175m	13'09"/km
13.	67	00:07:14	00:51:12	111m	65'10"/km
14.	42	00:07:12	00:58:24	199m	36'11"/km
15.	74	00:01:17	00:59:41	118m	10'53"/km
16.	44	00:01:43	01:01:24	142m	12'05"/km
17.	45	00:03:39	01:05:03	243m	15'01"/km
18.	42	00:01:57	01:07:00	192m	10'09"/km
19.	40	00:04:07	01:11:07	459m	8'58"/km
20.	46	00:08:54	01:20:01	313m	28'26"/km
21.	47	00:05:25	01:25:26	234m	23'09"/km
22.	72	00:00:57	01:26:23	93m	10'13"/km
23.	999	00:00:16	01:26:39	93m	2'52"/km

Orienteering Software