

Mark VAN BRUGGEN

TROL

Circuit : H75

Distance : 3390m (Dénivelé 30m)

Temps : 0:57:10 (16'52"/km)

12/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Freddy SILLIEN | 0:28:03 |
| 2. Hervé CABON | 0:33:46 |
| 3. Martin WILSON | 0:36:28 |

1.	215	00:05:13		277m	18'50"/km
2.	189	00:12:17	00:17:30	585m	21'00"/km
3.	233	00:07:17	00:24:47	442m	16'29"/km
4.	186	00:07:43	00:32:30	396m	19'29"/km
5.	234	00:04:29	00:36:59	232m	19'19"/km
6.	208	00:03:53	00:40:52	224m	17'20"/km
7.	243	00:02:51	00:43:43	192m	14'51"/km
8.	242	00:02:13	00:45:56	134m	16'33"/km
9.	237	00:05:34	00:51:30	317m	17'34"/km
10.	238	00:02:11	00:53:41	102m	21'24"/km
11.	100	00:02:40	00:56:21	254m	10'30"/km
12.	999	00:00:49	00:57:10	131m	6'14"/km

HELGA

Orienteering Software