

Michael HEINFELDNER

Hansa Simmerath

Circuit : H40

Distance : 7600m (Dénivelé 175m)

Temps : 1:19:39 (10'29"/km)

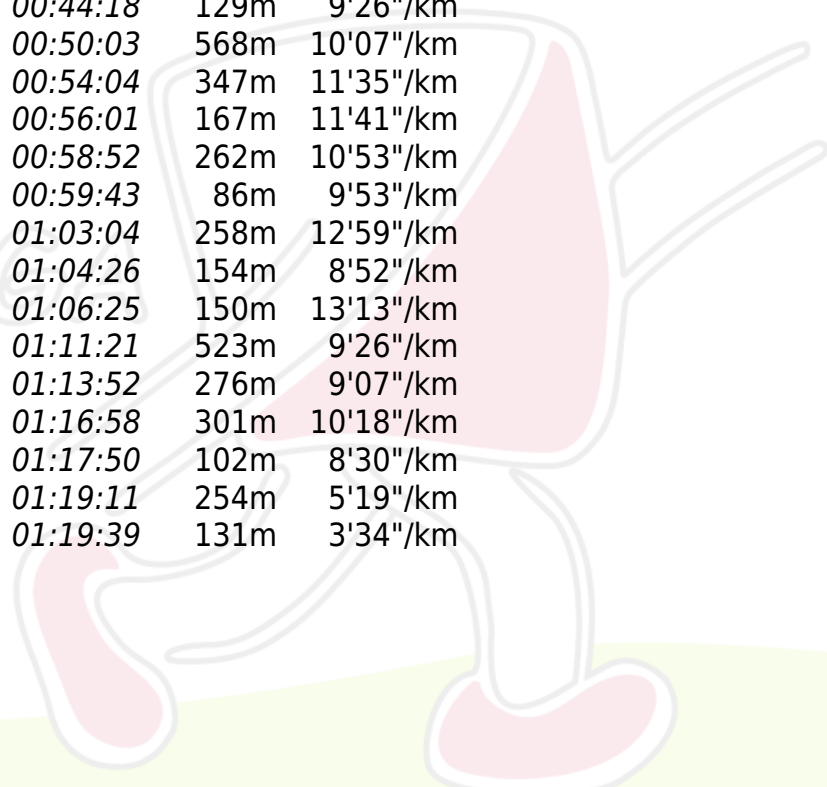
8/17

O.K.

[Résultats complets sur Webres](#)

1. Patrick MAYERES	1:02:41
2. Bob SCHILDERMANS	1:08:25
3. Henrik Drange RUUD	1:08:34

1.	236	00:14:16		1094m	13'02"/km
2.	168	00:00:59	00:15:15	101m	9'44"/km
3.	169	00:03:28	00:18:43	428m	8'06"/km
4.	179	00:03:47	00:22:30	297m	12'44"/km
5.	170	00:11:31	00:34:01	900m	12'48"/km
6.	213	00:05:49	00:39:50	649m	8'58"/km
7.	225	00:03:15	00:43:05	319m	10'11"/km
8.	240	00:01:13	00:44:18	129m	9'26"/km
9.	246	00:05:45	00:50:03	568m	10'07"/km
10.	177	00:04:01	00:54:04	347m	11'35"/km
11.	228	00:01:57	00:56:01	167m	11'41"/km
12.	167	00:02:51	00:58:52	262m	10'53"/km
13.	197	00:00:51	00:59:43	86m	9'53"/km
14.	234	00:03:21	01:03:04	258m	12'59"/km
15.	166	00:01:22	01:04:26	154m	8'52"/km
16.	208	00:01:59	01:06:25	150m	13'13"/km
17.	215	00:04:56	01:11:21	523m	9'26"/km
18.	227	00:02:31	01:13:52	276m	9'07"/km
19.	237	00:03:06	01:16:58	301m	10'18"/km
20.	238	00:00:52	01:17:50	102m	8'30"/km
21.	100	00:01:21	01:19:11	254m	5'19"/km
22.	999	00:00:28	01:19:39	131m	3'34"/km


Orienteering Software