

François VAN DER OUDERAA

ASUB

Circuit : HE

Distance : 12810m (Dénivelé 330m)

Temps : 1:20:32 (6'17"/km)

6/36

O.K.

[Résultats complets sur Webres](#)

1. Yannick MICHIELS	1:13:02
2. Evert LEEUWS	1:14:40
3. Florian SCHNEIDER	1:19:18

1.	205	00:06:38		1220m	5'26"/km
2.	188	00:01:33	00:08:11	340m	4'34"/km
3.	187	00:01:48	00:09:59	254m	7'05"/km
4.	169	00:01:52	00:11:51	172m	10'51"/km
5.	170	00:06:08	00:17:59	926m	6'37"/km
6.	209	00:03:24	00:21:23	582m	5'51"/km
7.	171	00:03:03	00:24:26	428m	7'08"/km
8.	195	00:00:32	00:24:58	113m	4'43"/km
9.	172	00:04:51	00:29:49	1011m	4'48"/km
10.	196	00:01:49	00:31:38	294m	6'11"/km
11.	174	00:04:09	00:35:47	681m	6'06"/km
12.	220	00:02:08	00:37:55	274m	7'47"/km
13.	245	00:02:54	00:40:49	445m	6'31"/km
14.	226	00:02:57	00:43:46	544m	5'25"/km
15.	213	00:04:59	00:48:45	680m	7'20"/km
16.	199	00:00:51	00:49:36	131m	6'29"/km
17.	246	00:01:06	00:50:42	209m	5'16"/km
18.	197	00:03:50	00:54:32	695m	5'31"/km
19.	189	00:04:00	00:58:32	682m	5'52"/km
20.	179	00:02:28	01:01:00	401m	6'09"/km
21.	210	00:00:59	01:01:59	146m	6'44"/km
22.	192	00:01:39	01:03:38	260m	6'21"/km
23.	229	00:01:11	01:04:49	216m	5'29"/km
24.	191	00:01:26	01:06:15	236m	6'04"/km
25.	190	00:03:13	01:09:28	333m	9'40"/km
26.	202	00:03:18	01:12:46	319m	10'21"/km
27.	181	00:01:06	01:13:52	89m	12'22"/km
28.	182	00:02:53	01:16:45	334m	8'38"/km
29.	237	00:01:55	01:18:40	210m	9'08"/km
30.	238	00:00:33	01:19:13	102m	5'24"/km
31.	100	00:00:59	01:20:12	254m	3'52"/km
32.	999	00:00:20	01:20:32	131m	2'33"/km