

Lionel JACQUES

CO Liège

Circuit : H21

Distance : 5440m (Dénivelé 110m)

Temps : 1:15:36 (13'54"/km)

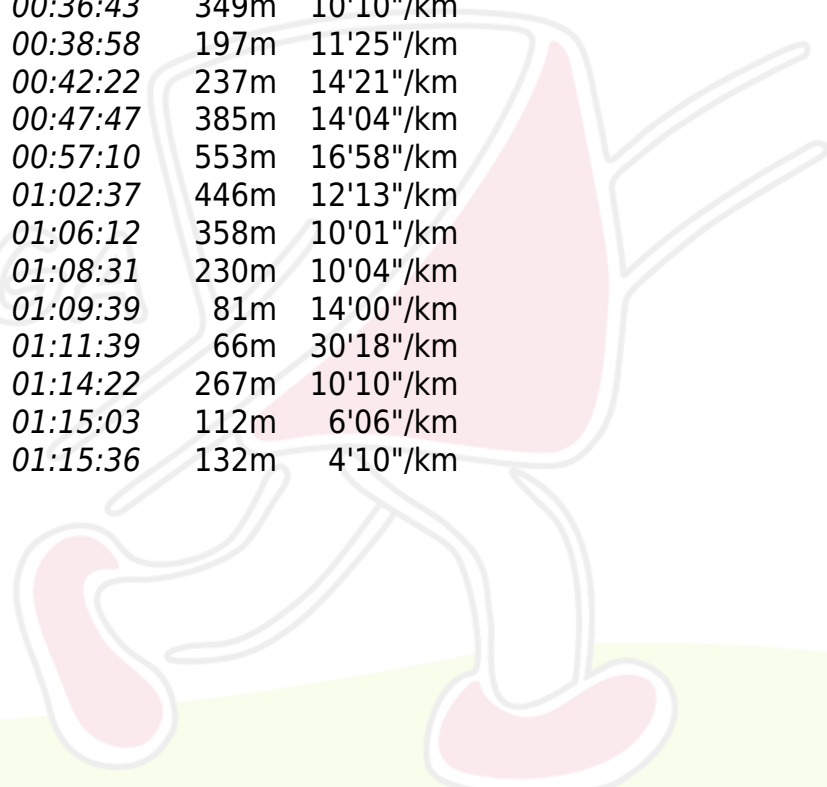
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O.K.

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|--------------------|---------|
| 1. Tom GEYPEN | 0:47:02 |
| 2. John WILHELMS | 0:48:46 |
| 3. Winand BERNAERS | 0:52:19 |

1.	145	00:01:18		152m	8'33"/km
2.	115	00:03:48	00:05:06	230m	16'31"/km
3.	116	00:03:18	00:08:24	292m	11'18"/km
4.	82	00:04:49	00:13:13	244m	19'44"/km
5.	147	00:01:32	00:14:45	200m	7'40"/km
6.	148	00:11:16	00:26:01	297m	37'56"/km
7.	143	00:07:09	00:33:10	610m	11'43"/km
8.	75	00:03:33	00:36:43	349m	10'10"/km
9.	141	00:02:15	00:38:58	197m	11'25"/km
10.	142	00:03:24	00:42:22	237m	14'21"/km
11.	130	00:05:25	00:47:47	385m	14'04"/km
12.	144	00:09:23	00:57:10	553m	16'58"/km
13.	126	00:05:27	01:02:37	446m	12'13"/km
14.	118	00:03:35	01:06:12	358m	10'01"/km
15.	125	00:02:19	01:08:31	230m	10'04"/km
16.	124	00:01:08	01:09:39	81m	14'00"/km
17.	80	00:02:00	01:11:39	66m	30'18"/km
18.	139	00:02:43	01:14:22	267m	10'10"/km
19.	100	00:00:41	01:15:03	112m	6'06"/km
20.	999	00:00:33	01:15:36	132m	4'10"/km


Orienteering Software