



Championnat LNACO Longue Distance

Lit et MiXE (40) 26.6.2022

4012NA B.R.O.S

MARINA LERTXUNDI

NL NL

Circuit : F2

Distance : 4840m (Dénivelé 65m)

Temps : 0:56:42 (11'43"/km)

5/18

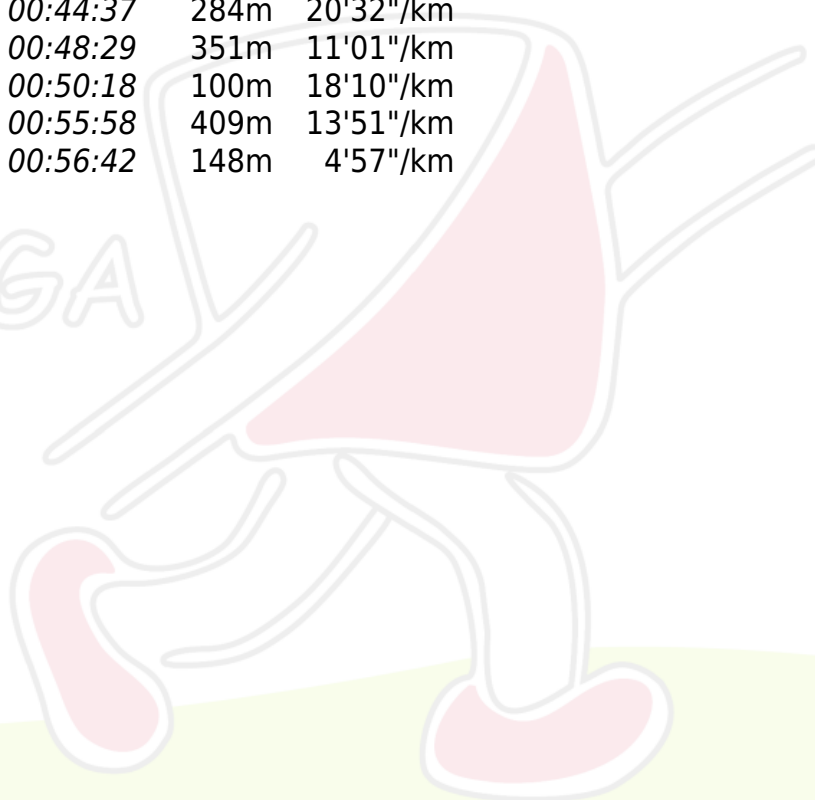
O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Emmanuelle VALENTIN | 0:46:57 |
| 2. Delphine RODRIGUEZ | 0:50:14 |
| 3. Isabelle BROUSSE | 0:50:27 |

1.	61	00:04:21		437m	9'57"/km
2.	89	00:00:53	00:05:14	96m	9'12"/km
3.	39	00:07:37	00:12:51	640m	11'54"/km
4.	82	00:02:06	00:14:57	197m	10'40"/km
5.	75	00:06:16	00:21:13	680m	9'13"/km
6.	100	00:11:14	00:32:27	1013m	11'05"/km
7.	93	00:06:20	00:38:47	416m	15'13"/km
8.	85	00:05:50	00:44:37	284m	20'32"/km
9.	66	00:03:52	00:48:29	351m	11'01"/km
10.	68	00:01:49	00:50:18	100m	18'10"/km
11.	255	00:05:40	00:55:58	409m	13'51"/km
12.	999	00:00:44	00:56:42	148m	4'57"/km

HELGA



Orienteering Software