



Championnat LNACO Longue Distance
Lit et MiXE (40) 26.6.2022
4012NA B.R.O.S

Isabelle BROUSSE

8607NA Poitiers CO

Circuit : F2

Distance : 4840m (Dénivelé 65m)

Temps : 0:50:27 (10'25"/km)

3/18

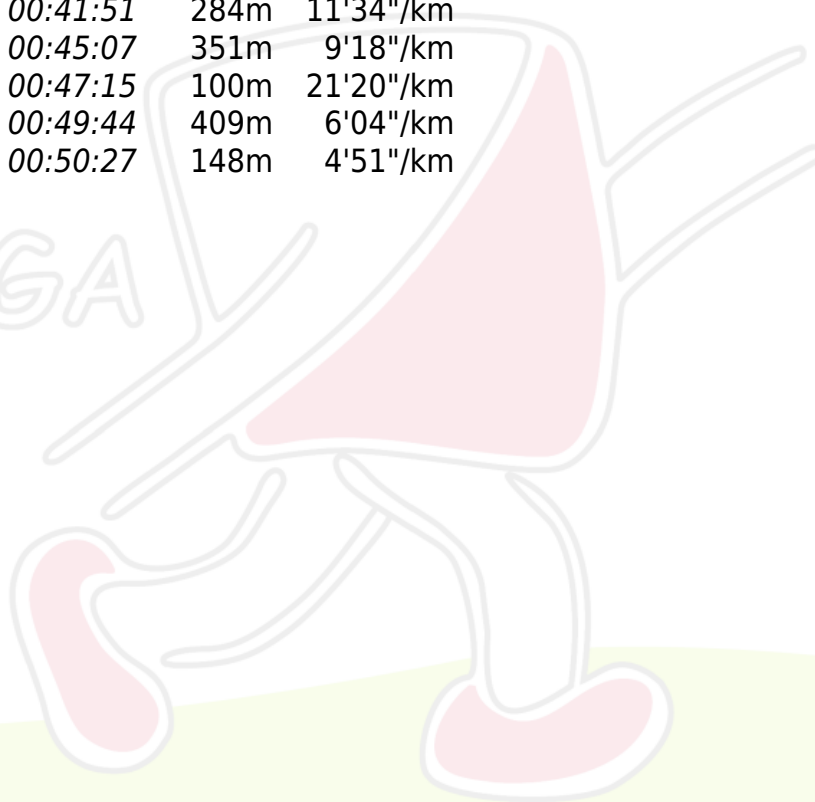
O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Emmanuelle VALENTIN | 0:46:57 |
| 2. Delphine RODRIGUEZ | 0:50:14 |

1.	61	00:03:56		437m	9'00"/km
2.	89	00:00:44	00:04:40	96m	7'38"/km
3.	39	00:06:02	00:10:42	640m	9'26"/km
4.	82	00:03:27	00:14:09	197m	17'31"/km
5.	75	00:05:06	00:19:15	680m	7'30"/km
6.	100	00:11:38	00:30:53	1013m	11'29"/km
7.	93	00:07:41	00:38:34	416m	18'28"/km
8.	85	00:03:17	00:41:51	284m	11'34"/km
9.	66	00:03:16	00:45:07	351m	9'18"/km
10.	68	00:02:08	00:47:15	100m	21'20"/km
11.	255	00:02:29	00:49:44	409m	6'04"/km
12.	999	00:00:43	00:50:27	148m	4'51"/km

HELGA



Orienteering Software