



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

Cezar Alex Martins

MASC/EXP

Percurso : MASC/EXP

Distancia : 5300m (Desnivel 250m)

Tempo : 1:08:03 (12'50"/km)

16/50

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Juliano Pereira Pasturiza | 0:36:49 |
| 2. Roberto Alves Carrijo | 0:45:25 |
| 3. Jose Francisco | 0:45:29 |

1.	41	00:01:36		191m	8'23"/km
2.	33	00:01:50	00:03:26	202m	9'05"/km
3.	43	00:02:21	00:05:47	273m	8'36"/km
4.	56	00:02:34	00:08:21	215m	11'56"/km
5.	47	00:01:06	00:09:27	132m	8'20"/km
6.	45	00:08:38	00:18:05	337m	25'37"/km
7.	49	00:01:09	00:19:14	93m	12'22"/km
8.	51	00:01:45	00:20:59	162m	10'48"/km
9.	48	00:03:24	00:24:23	290m	11'43"/km
10.	52	00:02:52	00:27:15	309m	9'17"/km
11.	35	00:04:35	00:31:50	358m	12'48"/km
12.	57	00:03:31	00:35:21	74m	47'31"/km
13.	38	00:00:00	00:35:21	88m	0'00"/km
14.	50	00:02:58	00:38:19	332m	8'56"/km
15.	54	00:01:19	00:39:38	171m	7'42"/km
16.	40	00:03:48	00:43:26	203m	18'43"/km
17.	55	00:03:35	00:47:01	150m	23'53"/km
18.	39	00:02:46	00:49:47	155m	17'51"/km
19.	42	00:05:43	00:55:30	646m	8'51"/km
20.	31	00:05:26	01:00:56	261m	20'49"/km
21.	32	00:01:35	01:02:31	77m	20'34"/km
22.	31	00:00:57	01:03:28	77m	12'20"/km
23.	34	00:02:05	01:05:33	206m	10'07"/km
24.	44	00:01:46	01:07:19	170m	10'24"/km
25.	58	00:03:26	01:10:45	158m	21'44"/km
26.	999	00:00:00	01:10:45	91m	0'00"/km

Orienteering Software