



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

Isadora Lemes Da Silva Alvarenga

FEM/MÉD

Percurso : FEM/MED

Distancia : 3200m (Desnivel 110m)

Tempo : 1:15:00 (23'26"/km)

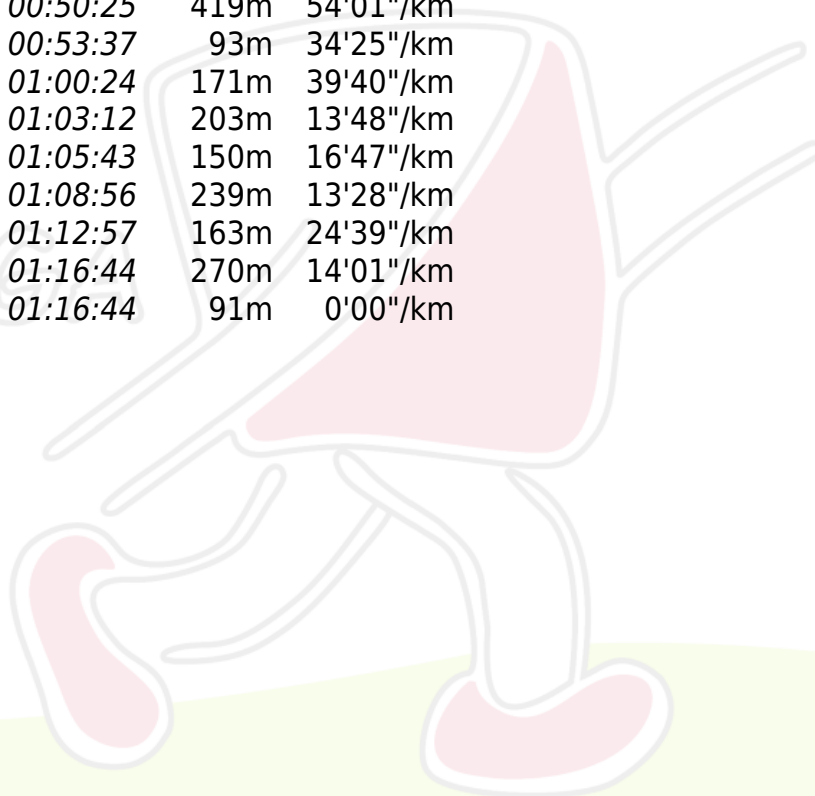
5/15

O.K.

[Resultados completos em Webres](#)

1. Letícia De Azevedo Silva 0:49:47
2. Larissa Silva De Freitas 0:50:52
3. Joana Akeme De Almeida Hisatugo 0:52:06

1.	31	00:04:18		101m	42'34"/km
2.	42	00:02:32	00:06:50	261m	9'42"/km
3.	43	00:02:18	00:09:08	175m	13'09"/km
4.	45	00:04:24	00:13:32	272m	16'11"/km
5.	49	00:02:43	00:16:15	93m	29'13"/km
6.	47	00:09:50	00:26:05	362m	27'10"/km
7.	56	00:01:42	00:27:47	132m	12'53"/km
8.	53	00:22:38	00:50:25	419m	54'01"/km
9.	50	00:03:12	00:53:37	93m	34'25"/km
10.	54	00:06:47	01:00:24	171m	39'40"/km
11.	40	00:02:48	01:03:12	203m	13'48"/km
12.	55	00:02:31	01:05:43	150m	16'47"/km
13.	37	00:03:13	01:08:56	239m	13'28"/km
14.	36	00:04:01	01:12:57	163m	24'39"/km
15.	58	00:03:47	01:16:44	270m	14'01"/km
16.	999	00:00:00	01:16:44	91m	0'00"/km



Orienteering Software