



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

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FEM/MÉD

Percurso : FEM/MED

Distancia : 3200m (Desnivel 110m)

Tempo : 0:50:52 (15'54"/km)

2/15

O.K.

[Resultados completos em Webres](#)

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|------------------------------------|---------|
| 1. Letícia De Azevedo Silva | 0:49:47 |
| 3. Joana Akeme De Almeida Hisatugo | 0:52:06 |

1.	31	00:01:42		101m	16'50"/km
2.	42	00:02:51	00:04:33	261m	10'55"/km
3.	43	00:01:54	00:06:27	175m	10'51"/km
4.	45	00:11:24	00:17:51	272m	41'55"/km
5.	49	00:01:19	00:19:10	93m	14'09"/km
6.	47	00:07:20	00:26:30	362m	20'15"/km
7.	56	00:01:22	00:27:52	132m	10'21"/km
8.	53	00:05:34	00:33:26	419m	13'17"/km
9.	50	00:02:58	00:36:24	93m	31'54"/km
10.	54	00:02:15	00:38:39	171m	13'09"/km
11.	40	00:02:01	00:40:40	203m	9'56"/km
12.	55	00:02:50	00:43:30	150m	18'53"/km
13.	37	00:03:15	00:46:45	239m	13'36"/km
14.	36	00:02:05	00:48:50	163m	12'47"/km
15.	58	00:03:48	00:52:38	270m	14'04"/km
16.	999	00:00:00	00:52:38	91m	0'00"/km

Orienteering Software