



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

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FEM/EXP

Percurso : FEM/EXP

Distancia : 4500m (Desnivel 210m)

Tempo : 2:30:39 (33'29"/km)

14/16

O.K.

[Resultados completos em Webres](#)

1. Gennhsa Penha Sobreira 0:50:34
2. Michelle Delfim Pessôa Floriano 0:54:41
3. Carolina Da Silva Tavares Araujo 1:09:38

1.	32	00:08:59		174m	51'38"/km
2.	41	00:01:11	00:10:10	127m	9'19"/km
3.	42	00:01:29	00:11:39	133m	11'09"/km
4.	56	00:04:14	00:15:53	196m	21'36"/km
5.	46	00:05:56	00:21:49	213m	27'51"/km
6.	54	00:03:08	00:24:57	149m	21'02"/km
7.	40	00:02:26	00:27:23	203m	11'59"/km
8.	55	00:03:59	00:31:22	150m	26'33"/km
9.	39	00:03:55	00:35:17	155m	25'16"/km
10.	38	00:05:03	00:40:20	316m	15'59"/km
11.	57	00:23:32	01:03:52	88m	267'25"/km
12.	35	00:00:00	01:03:52	74m	0'00"/km
13.	52	00:12:39	01:16:31	358m	35'20"/km
14.	48	00:04:02	01:20:33	309m	13'03"/km
15.	51	00:04:25	01:24:58	290m	15'14"/km
16.	49	00:03:13	01:28:11	162m	19'51"/km
17.	45	00:02:12	01:30:23	93m	23'39"/km
18.	43	00:40:04	02:10:27	272m	147'18"/km
19.	33	00:04:05	02:14:32	273m	14'57"/km
20.	34	00:10:20	02:24:52	332m	31'07"/km
21.	44	00:03:56	02:28:48	170m	23'08"/km
22.	58	00:04:14	02:33:02	158m	26'48"/km
23.	999	00:00:00	02:33:02	91m	0'00"/km

Orienteering Software