



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

Kathariny De Almeida Santos

FEM/EXP

Percurso : FEM/EXP

Distancia : 4500m (Desnivel 210m)

Tempo : 1:57:40 (26'09"/km)

12/16

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------------------------|---------|
| 1. Gennhsa Penha Sobreira | 0:50:34 |
| 2. Michelle Delfim Pessoa Floriano | 0:54:41 |
| 3. Carolina Da Silva Tavares Araujo | 1:09:38 |

1.	32	00:05:28		174m	31'25"/km
2.	41	00:02:52	00:08:20	127m	22'34"/km
3.	42	00:02:26	00:10:46	133m	18'18"/km
4.	56	00:04:43	00:15:29	196m	24'04"/km
5.	46	00:05:21	00:20:50	213m	25'07"/km
6.	54	00:04:36	00:25:26	149m	30'52"/km
7.	40	00:05:59	00:31:25	203m	29'28"/km
8.	55	00:05:06	00:36:31	150m	34'00"/km
9.	39	00:04:48	00:41:19	155m	30'58"/km
10.	38	00:06:33	00:47:52	316m	20'44"/km
11.	57	00:05:02	00:52:54	88m	57'12"/km
12.	35	00:00:10	00:53:04	74m	2'15"/km
13.	52	00:09:15	01:02:19	358m	25'50"/km
14.	48	00:07:06	01:09:25	309m	22'59"/km
15.	51	00:06:41	01:16:06	290m	23'03"/km
16.	49	00:06:05	01:22:11	162m	37'33"/km
17.	45	00:03:53	01:26:04	93m	41'45"/km
18.	43	00:07:03	01:33:07	272m	25'55"/km
19.	33	00:07:47	01:40:54	273m	28'31"/km
20.	34	00:07:32	01:48:26	332m	22'41"/km
21.	44	00:05:03	01:53:29	170m	29'42"/km
22.	58	00:04:33	01:58:02	158m	28'48"/km
23.	999	00:00:00	01:58:02	91m	0'00"/km

Orienteering Software