



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

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FEM/EXP

Percurso : FEM/EXP

Distancia : 4500m (Desnivel 210m)

Tempo : 1:35:42 (21'16"/km)

6/16

O.K.

[Resultados completos em Webres](#)

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|-------------------------------------|---------|
| 1. Gennhsa Penha Sobreira | 0:50:34 |
| 2. Michelle Delfim Pessoa Floriano | 0:54:41 |
| 3. Carolina Da Silva Tavares Araujo | 1:09:38 |

1.	32	00:03:53		174m	22'19"/km
2.	41	00:04:11	00:08:04	127m	32'56"/km
3.	42	00:01:27	00:09:31	133m	10'54"/km
4.	56	00:10:38	00:20:09	196m	54'15"/km
5.	46	00:02:22	00:22:31	213m	11'07"/km
6.	54	00:04:56	00:27:27	149m	33'07"/km
7.	40	00:02:36	00:30:03	203m	12'48"/km
8.	55	00:06:07	00:36:10	150m	40'47"/km
9.	39	00:03:26	00:39:36	155m	22'09"/km
10.	38	00:04:58	00:44:34	316m	15'43"/km
11.	57	00:06:27	00:51:01	88m	73'18"/km
12.	35	00:03:13	00:54:14	74m	43'28"/km
13.	52	00:06:27	01:00:41	358m	18'01"/km
14.	48	00:03:22	01:04:03	309m	10'54"/km
15.	51	00:04:35	01:08:38	290m	15'48"/km
16.	49	00:02:50	01:11:28	162m	17'29"/km
17.	45	00:02:20	01:13:48	93m	25'05"/km
18.	43	00:04:12	01:18:00	272m	15'26"/km
19.	33	00:06:33	01:24:33	273m	24'00"/km
20.	34	00:05:31	01:30:04	332m	16'37"/km
21.	44	00:03:27	01:33:31	170m	20'18"/km
22.	58	00:03:46	01:37:17	158m	23'50"/km
23.	999	00:00:00	01:37:17	91m	0'00"/km

Orienteering Software