Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

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FEM/EXP
Percurso : FEM/EXP
Distancia : 4500m (Desnivel 210m)
Tempo : 0:50:34 (11'14"/km)

1/16 O.K.

Resultados completos em Webres

2. Michelle Delfim Pessôa Floriano 0:54:41
3. Carolina Da Silva Tavares Araujo 1:09:38

1.	32	00:02:30		174m	14'22"/km
2.	41	00:01:15	*00:03:45*	127m	9'51"/km
3.	42	00:01:00	*00:04:45*	133m	7'31"/km
4.	56	00:02:26	*00:07:11*	196m	12'25"/km
5.	46	00:01:47	*00:08:58*	213m	8'22"/km
6.	54	00:02:25	*00:11:23*	149m	16'13"/km
7.	40	00:02:10	*00:13:33*	203m	10'40"/km
8.	55	00:01:42	*00:15:15*	150m	11'20"/km
9.	39	00:02:44	*00:17:59*	155m	17'38"/km
10.	38	00:03:06	*00:21:05*	316m	9'49"/km
11.	57	00:03:37	*00:24:42*	88m	41'06"/km
12.	35	00:00:00	*00:24:42*	74m	0'00"/km
13.	52	00:03:34	*00:28:16*	358m	9'58"/km
14.	48	00:02:51	*00:31:07*	309m	9'13"/km
15.	51	00:02:33	*00:33:40*	290m	8'48"/km
16.	49	00:02:51	*00:36:31*	162m	17'36"/km
17.	45	00:01:10	*00:37:41*	93m	12'33"/km
18.	43	00:02:30	*00:40:11*	272m	9'11"/km
19.	33	00:03:29	*00:43:40*	273m	12'46"/km
20.	34	00:04:41	*00:48:21*	332m	14'06"/km
21.	44	00:01:38	*00:49:59*	170m	9'36"/km
22.	58	00:03:14	*00:53:13*	158m	20'28"/km
23.	999	00:00:00	*00:53:13*	91m	0'00"/km

Orienteering Software

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