



ECSG Sprint Heijendaal

Nijmegen Heijendaal 24.6.2022

argus

Richard HERAULT

ASSOCIATION SPORTIVE MATRA

TOULOUSE

Omloop : H40

Afstand : 4500m

Tijd : 0:38:55 (8'39"/km)

5/7

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Ludovic CHAVANON | 0:30:58 |
| 2. Gerald FRIEDRICH | 0:34:56 |
| 3. Richard KAPER | 0:37:16 |

1.	31	00:00:48		125m	6'24"/km
2.	49	00:01:18	00:02:06	120m	10'50"/km
3.	33	00:00:52	00:02:58	160m	5'25"/km
4.	52	00:00:37	00:03:35	103m	5'59"/km
5.	35	00:00:45	00:04:20	119m	6'18"/km
6.	34	00:00:31	00:04:51	122m	4'14"/km
7.	56	00:02:28	00:07:19	370m	6'40"/km
8.	38	00:01:45	00:09:04	261m	6'42"/km
9.	51	00:01:16	00:10:20	191m	6'38"/km
10.	40	00:00:45	00:11:05	153m	4'54"/km
11.	41	00:00:00	00:11:05	47m	0'00"/km
12.	58	00:00:29	00:11:34	104m	4'39"/km
13.	42	00:00:35	00:12:09	94m	6'12"/km
14.	43	00:01:18	00:13:27	222m	5'51"/km
15.	32	00:01:50	00:15:17	258m	7'06"/km
16.	45	00:01:09	00:16:26	184m	6'15"/km
17.	36	00:00:57	00:17:23	114m	8'20"/km
18.	47	00:01:10	00:18:33	205m	5'41"/km
19.	48	00:01:49	00:20:22	307m	5'55"/km
20.	50	00:00:45	00:21:07	124m	6'03"/km
21.	39	00:01:15	00:22:22	116m	10'47"/km
22.	46	00:02:09	00:24:31	176m	12'13"/km
23.	53	00:06:11	00:30:42	182m	33'58"/km
24.	55	00:04:55	00:35:37	101m	48'41"/km
25.	44	00:00:50	00:36:27	160m	5'12"/km
26.	37	00:00:53	00:37:20	129m	6'51"/km
27.	57	00:00:57	00:38:17	138m	6'53"/km
28.	999	00:00:38	00:38:55	86m	7'22"/km

Orienteering Software