



Championnat FRSO Longue Distance

Le Bochet 19.6.2022

ASUB

Christian KRINGS

O.L.G. St. Vith ARDOC

Circuit : H70

Distance : 3900m (Dénivelé 100m)

Temps : 0:57:01 (14'37"/km)

2/12

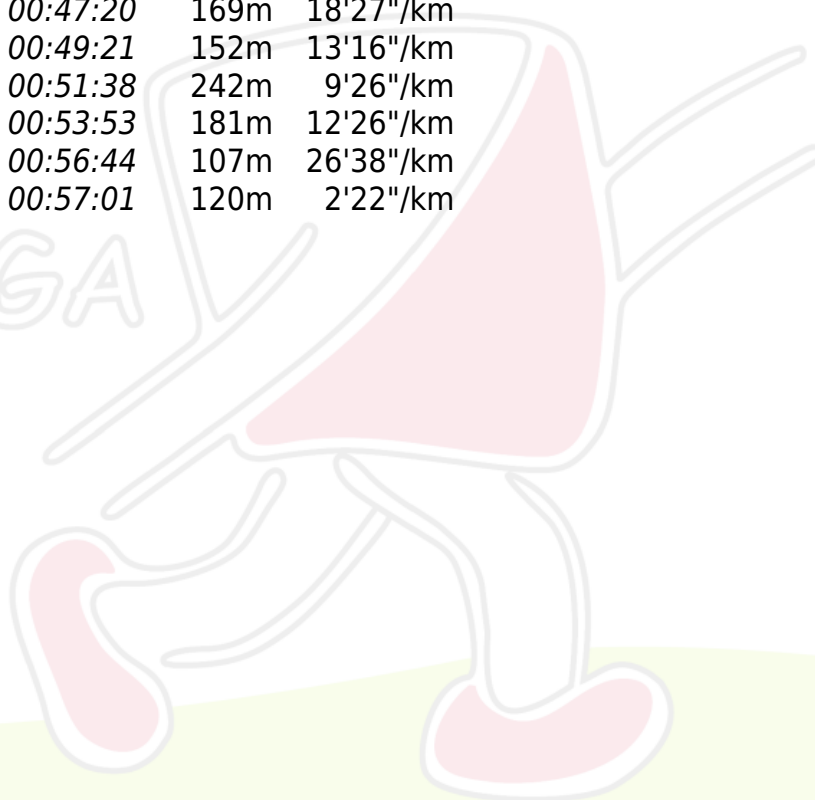
O.K.

[Résultats complets sur Webres](#)

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|----------------------|---------|
| 1. Klaus HELD | 0:56:48 |
| 3. Jacques SILVESTRE | 0:57:03 |

1.	233	00:03:16		543m	6'01"/km
2.	234	00:06:36	00:09:52	126m	52'23"/km
3.	203	00:14:42	00:24:34	1279m	11'30"/km
4.	218	00:05:26	00:30:00	148m	36'43"/km
5.	248	00:04:47	00:34:47	332m	14'24"/km
6.	204	00:04:05	00:38:52	184m	22'12"/km
7.	219	00:05:21	00:44:13	360m	14'52"/km
8.	216	00:03:07	00:47:20	169m	18'27"/km
9.	243	00:02:01	00:49:21	152m	13'16"/km
10.	241	00:02:17	00:51:38	242m	9'26"/km
11.	192	00:02:15	00:53:53	181m	12'26"/km
12.	255	00:02:51	00:56:44	107m	26'38"/km
13.	999	00:00:17	00:57:01	120m	2'22"/km

HELGA



Orienteering Software