Championnat FRSO Longue Distance
Le Bochet 19.6.2022
ASUB

Klaus HELD
OLV Eifel
Circuit : H70
Distance : 3900m (Dénivelé 100m)
Temps : 0:56:48 (14'34"/km)

1/12 O.K.

Résultats complets sur Webres

2. Christian KRINGS 0:57:01
3. Jacques SILVESTRE 0:57:03

1.	233	00:02:32		543m	4'40"/km
2.	234	00:01:17	*00:03:49*	126m	10'11"/km
3.	203	00:18:23	*00:22:12*	1279m	14'22"/km
4.	218	00:04:03	*00:26:15*	148m	27'22"/km
5.	248	00:04:44	*00:30:59*	332m	14'15"/km
6.	204	00:02:23	*00:33:22*	184m	12'57"/km
7.	219	00:09:44	*00:43:06*	360m	27'02"/km
8.	216	00:02:28	*00:45:34*	169m	14'36"/km
9.	243	00:03:15	*00:48:49*	152m	21'23"/km
10.	241	00:02:40	*00:51:29*	242m	11'01"/km
11.	192	00:02:04	*00:53:33*	181m	11'25"/km
12.	255	00:02:57	*00:56:30*	107m	27'34"/km
13.	999	00:00:18	*00:56:48*	120m	2'30"/km

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