



# Championnat FRSO Longue Distance

## Le Bochet 19.6.2022

### ASUB

**Erik VAN DYCK**

TROL

Circuit : H55

Distance : 6300m (Dénivelé 265m)

Temps : 1:28:09 (14'00"/km)

**5/11**

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Iwan VIS         | 1:00:27 |
| 2. Serge BAERT      | 1:04:05 |
| 3. Andre DE VEIRMAN | 1:16:41 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 208 | 00:06:17 |          | 557m  | 11'17"/km |
| 2.  | 202 | 00:11:01 | 00:17:18 |       |           |
| 3.  | 203 | 00:01:50 | 00:19:08 | 110m  | 16'40"/km |
| 4.  | 202 | 00:00:20 | 00:19:28 | 110m  | 3'02"/km  |
| 5.  | 244 | 00:05:36 | 00:25:04 | 554m  | 10'06"/km |
| 6.  | 245 | 00:04:49 | 00:29:53 | 207m  | 23'16"/km |
| 7.  | 228 | 00:02:31 | 00:32:24 | 151m  | 16'40"/km |
| 8.  | 239 | 00:15:05 | 00:47:29 | 1222m | 12'21"/km |
| 9.  | 220 | 00:06:49 | 00:54:18 | 651m  | 10'28"/km |
| 10. | 217 | 00:04:02 | 00:58:20 | 480m  | 8'24"/km  |
| 11. | 218 | 00:03:36 | 01:01:56 | 161m  | 22'22"/km |
| 12. | 219 | 00:08:59 | 01:10:55 | 168m  | 53'28"/km |
| 13. | 243 | 00:03:30 | 01:14:25 | 321m  | 10'54"/km |
| 14. | 224 | 00:01:48 | 01:16:13 | 132m  | 13'38"/km |
| 15. | 221 | 00:06:42 | 01:22:55 | 295m  | 22'43"/km |
| 16. | 192 | 00:02:05 | 01:25:00 | 180m  | 11'34"/km |
| 17. | 255 | 00:02:53 | 01:27:53 | 107m  | 26'57"/km |
| 18. | 999 | 00:00:16 | 01:28:09 | 120m  | 2'13"/km  |

Orienteering Software