



Championnat FRSO Longue Distance

Le Bochet 19.6.2022

ASUB

Frank VANSPAUWEN

Hermathenae

Circuit : H55

Distance : 6300m (Dénivelé 265m)

Temps : 1:21:38 (12'57"/km)

4/11

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Iwan VIS | 1:00:27 |
| 2. Serge BAERT | 1:04:05 |
| 3. Andre DE VEIRMAN | 1:16:41 |

1.	208	00:02:28		557m	4'26"/km
2.	203	00:10:15	00:12:43	922m	11'07"/km
3.	202	00:00:28	00:13:11	110m	4'15"/km
4.	244	00:08:17	00:21:28	554m	14'57"/km
5.	245	00:06:26	00:27:54	207m	31'05"/km
6.	228	00:08:44	00:36:38	151m	57'50"/km
7.	239	00:19:15	00:55:53	1222m	15'45"/km
8.	220	00:05:39	01:01:32	651m	8'41"/km
9.	217	00:03:22	01:04:54	480m	7'01"/km
10.	218	00:02:53	01:07:47	161m	17'55"/km
11.	219	00:01:26	01:09:13	168m	8'32"/km
12.	243	00:03:42	01:12:55	321m	11'32"/km
13.	224	00:01:16	01:14:11	132m	9'36"/km
14.	221	00:03:04	01:17:15	295m	10'24"/km
15.	192	00:01:23	01:18:38	180m	7'41"/km
16.	255	00:02:46	01:21:24	107m	25'51"/km
17.	999	00:00:14	01:21:38	120m	1'57"/km

Orienteering Software