Championnat FRSO Longue Distance
Le Bochet 19.6.2022
ASUB

Kurt SMET
TROL
Circuit : H50
Distance : 7300m (Dénivelé 310m)
Temps : 2:13:00 (18'13"/km)

8/11 O.K.

Résultats complets sur Webres

1.	Dirk GOOSSENS	1:10:14
2.	Rudy ROOMAN	1:14:31
3.	Wim VERVOORT	1:22:26

1.	240	00:09:12		1039m	8'51"/km
2.	237	00:13:10	*00:22:22*	1309m	10'04"/km
3.	222	00:09:32	*00:31:54*	377m	25'17"/km
4.	207	00:03:34	*00:35:28*	167m	21'21"/km
5.	223	00:06:13	*00:41:41*	403m	15'26"/km
6.	202	00:13:33	*00:55:14*	778m	17'25"/km
7.	217	00:15:57	*01:11:11*	223m	71'31"/km
8.	219	00:04:29	*01:15:40*	249m	18'00"/km
9.	221	00:07:05	*01:22:45*	656m	10'48"/km
10.	232	00:06:49	*01:29:34*	176m	38'44"/km
11.	231	00:08:43	*01:38:17*	335m	26'01"/km
12.	209	00:10:49	*01:49:06*	168m	64'23"/km
13.	242	00:06:31	*01:55:37*	387m	16'50"/km
14.	224	00:04:19	*01:59:56*	246m	17'33"/km
15.	243	00:02:16	*02:02:12*	132m	17'10"/km
16.	220	00:04:41	*02:06:53*	201m	23'18"/km
17.	255	00:05:38	*02:12:31*	304m	18'32"/km
18.	999	00:00:29	*02:13:00*	120m	4'02"/km

Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com