



Championnat FRSO Longue Distance

Le Bochet 19.6.2022

ASUB

Alexandre DAUBENFELD

ASUB

Circuit : H45

Distance : 8200m (Dénivelé 365m)

Temps : 1:57:58 (14'23"/km)

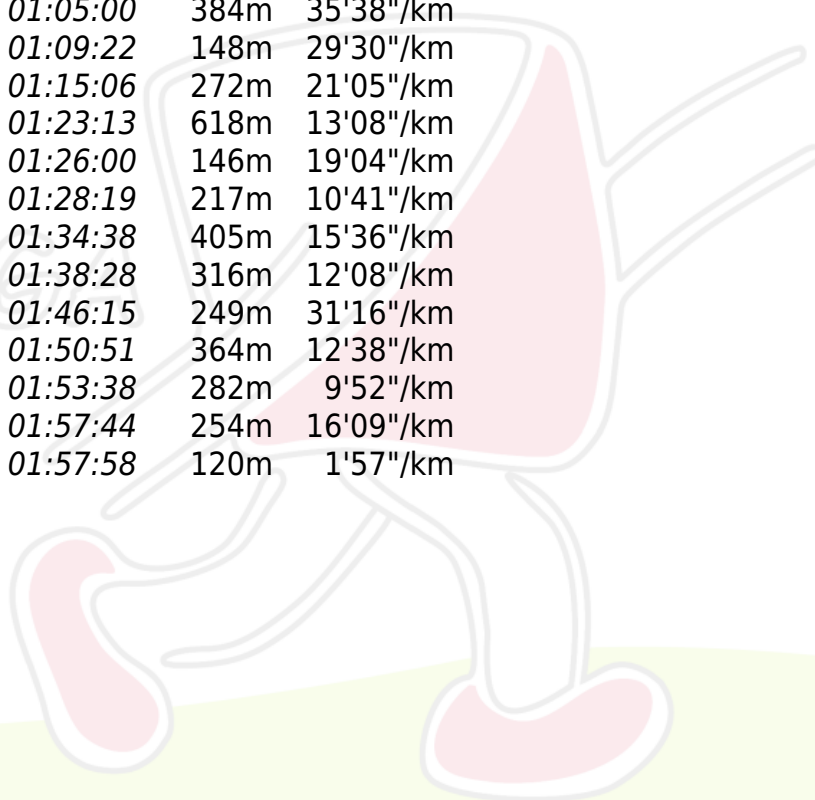
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O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Guido LENGES | 1:29:41 |
| 2. Gérald SOUWEINE | 1:41:49 |
| 3. Frank LEMY | 1:53:40 |

1.	233	00:02:30		543m	4'36"/km
2.	234	00:02:22	00:04:52	126m	18'47"/km
3.	230	00:09:36	00:14:28	841m	11'25"/km
4.	235	00:18:13	00:32:41	1666m	10'56"/km
5.	236	00:02:08	00:34:49	124m	17'12"/km
6.	237	00:07:12	00:42:01	414m	17'23"/km
7.	238	00:09:18	00:51:19	714m	13'02"/km
8.	203	00:13:41	01:05:00	384m	35'38"/km
9.	218	00:04:22	01:09:22	148m	29'30"/km
10.	216	00:05:44	01:15:06	272m	21'05"/km
11.	232	00:08:07	01:23:13	618m	13'08"/km
12.	239	00:02:47	01:26:00	146m	19'04"/km
13.	229	00:02:19	01:28:19	217m	10'41"/km
14.	240	00:06:19	01:34:38	405m	15'36"/km
15.	217	00:03:50	01:38:28	316m	12'08"/km
16.	219	00:07:47	01:46:15	249m	31'16"/km
17.	220	00:04:36	01:50:51	364m	12'38"/km
18.	241	00:02:47	01:53:38	282m	9'52"/km
19.	255	00:04:06	01:57:44	254m	16'09"/km
20.	999	00:00:14	01:57:58	120m	1'57"/km



Orienteering Software