



Championnat FRSO Longue Distance

Le Bochet 19.6.2022

ASUB

Françoise CHATELAIN-NANOUX

Hermathenae

Circuit : D70

Distance : 3900m (Dénivelé 100m)

Temps : 1:44:45 (26'52"/km)

3/4

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Monique DEFFENSE | 1:09:42 |
| 2. Marie-Christine BLANCHE | 1:29:23 |

1.	72	01:01:06		
2.	79	00:02:08	01:03:14	
3.	74	00:02:18	01:05:32	
4.	77	00:03:34	01:09:06	
5.	76	00:01:18	01:10:24	
6.	75	00:02:21	01:12:45	
7.	78	00:01:47	01:14:32	
8.	73	00:02:59	01:17:31	
9.	80	00:03:08	01:20:39	
10.	81	00:02:25	01:23:04	
11.	31	00:04:36	01:27:40	
12.	32	00:10:26	01:38:06	
13.	33	00:03:58	01:42:04	
14.	34	00:03:46	01:45:50	
15.	35	00:07:40	01:53:30	
16.	36	00:03:19	01:56:49	
17.	37	00:03:49	02:00:38	
18.	38	00:05:16	02:05:54	
19.	82	00:06:16	02:12:10	
20.	233	04:02:54	06:15:04	
21.	234	00:02:14	06:17:18	126m 17'43"/km
22.	203	00:25:08	06:42:26	1279m 19'39"/km
23.	218	00:06:01	06:48:27	148m 40'39"/km
24.	248	00:10:03	06:58:30	332m 30'16"/km
25.	204	00:06:24	07:04:54	184m 34'47"/km
26.	219	00:07:35	07:12:29	360m 21'04"/km
27.	216	00:22:31	07:35:00	169m 133'14"/km
28.	243	00:03:08	07:38:08	152m 20'37"/km
29.	241	00:05:25	07:43:33	242m 22'23"/km
30.	192	00:04:44	07:48:17	181m 26'09"/km
31.	255	00:04:02	07:52:19	107m 37'42"/km
32.	999	00:00:35	07:52:54	120m 4'52"/km