



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Nelbi

Sexo Frágil

Percurso : 12 KM SOLO FEMININO 50-59

Distancia : 12700m (Desnivel 202m)

Tempo : 1:42:33,292 (8'04"/km)

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O.K.

[Resultados completos em Webres](#)

1. Luzia	1:34:25,550
3. Carla Nunes	1:50:28,910

1.	81	00:04:30		740m	6'05"/km
2.	82	00:06:34	00:11:04	950m	6'55"/km
3.	83	01:05:35	01:16:39	7630m	8'36"/km
4.	84	00:13:55	01:30:34	1870m	7'27"/km
5.	81	00:06:04	01:36:38	804m	7'33"/km
6.	999	00:05:55	01:42:33	740m	8'00"/km

HELGA



Orienteering Software