



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Marcelino/edivanio

INSPIRE

Percurso : 6 KM DUPLA MASCULINA

Distancia : 6440m (Desnivel 116m)

Tempo : 0:46:00,480 (7'09"/km)

9/12

O.K.

[Resultados completos em Webres](#)

1. Igor/andre	0:30:10,230
2. Wellington / Alan	0:31:12,550
3. Ernande/henrique	0:33:32,437

1.	81	00:04:48		740m	6'29"/km
2.	82	00:05:57	00:10:45	950m	6'16"/km
3.	84	00:12:02	00:22:47	1520m	7'55"/km
4.	85	00:08:26	00:31:13	1240m	6'48"/km
5.	81	00:09:50	00:41:03	1200m	8'12"/km
6.	999	00:04:57	00:46:00	740m	6'41"/km

HELGA



Orienteering Software