



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Nal/lucas

Endorfina

Course : 6 KM DUPLA MASCULINA

Distance : 6440m (Climbing 116m)

Time : 0:43:47,335 (6'48"/km)

8/12

O.K.

[Full result on Webres](#)

1. Igor/andre	0:30:10,230
2. Wellington / Alan	0:31:12,550
3. Ernande/henrique	0:33:32,437

1.	81	00:04:23		740m	5'55"/km
2.	82	00:05:51	00:10:14	950m	6'09"/km
3.	84	00:11:45	00:21:59	1520m	7'44"/km
4.	85	00:07:44	00:29:43	1240m	6'14"/km
5.	81	00:09:45	00:39:28	1200m	8'08"/km
6.	999	00:04:19	00:43:47	740m	5'50"/km

HELGA



Orienteering Software