



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Luzinete

Selva adventure

Percurso : 6 KM SOLO FEMININO 60+

Distancia : 6440m (Desnivel 116m)

Tempo : 0:53:13,945 (8'16"/km)

1/2

O.K.

[Resultados completos em Webres](#)

2. Rosilda Santos

0:55:53,148

1.	81	00:04:48		740m	6'29"/km
2.	82	00:07:12	00:12:00	950m	7'35"/km
3.	84	00:14:30	00:26:30	1520m	9'32"/km
4.	85	00:09:36	00:36:06	1240m	7'45"/km
5.	81	00:11:42	00:47:48	1200m	9'45"/km
6.	999	00:05:25	00:53:13	740m	7'19"/km

HELGA



Orienteering Software