



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Marcia

Passos do futuro

Course : 6 KM SOLO FEMININO 40-49

Distance : 6440m (Climbing 116m)

Time : 0:58:48,449 (9'08"/km)

11/24

O.K.

[Full result on Webres](#)

1. Rosa	0:41:37,632
2. Jane	0:45:26,304
3. Pantera Negra	0:47:17,710

1.	81	00:05:19		740m	7'11"/km
2.	82	00:08:11	00:13:30	950m	8'37"/km
3.	84	00:15:59	00:29:29	1520m	10'31"/km
4.	85	00:10:38	00:40:07	1240m	8'35"/km
5.	81	00:12:38	00:52:45	1200m	10'32"/km
6.	999	00:06:03	00:58:48	740m	8'11"/km

HELGA



Orienteering Software